



# Osteopathic Foundation of West Michigan

1700 Clinton Street  
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www.ofowm.org

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OUR MISSION:  
To Support Osteopathic  
Medicine in West Michigan

*Administrative Assistant:*  
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231.727.4400  
Fax 231.727.4445

March 6, 2009



Dear Key Leaders:

Greetings from the Osteopathic Foundation of West Michigan. I am pleased to share information with you concerning the OsteoCHAMPS scholarship program.

OsteoCHAMPS is an awesome opportunity for students who would like to explore the possibility of becoming a physician. The Osteopathic Foundation of West Michigan offers full scholarships for students currently in their sophomore or junior year of high school. Students chosen to receive scholarships are either ethnic minorities or economically or educationally disadvantaged. This scholarship covers the full cost (\$2,000 per session) to attend the OsteoCHAMPS Summer Precollege Enrichment Program at the MSU College of Osteopathic Medicine. In addition, MSU's Muskegon Extension Office monitors and assists students throughout the academic school year by coordinating meetings and activities to build upon the OsteoCHAMPS summer learning experience. Also, each student is aligned with a local Osteopathic physician, who serves as a mentor.

This year, the Foundation is offering 11 scholarships, of which approximately four or five will be filled by eligible returning students. Please see the attachments for details about the program. We appreciate you sharing this with your contacts.

If you have any questions, please contact Pam at the Foundation's office.

Sincerely,

Frank P. Marczak, Ed.D.  
*Chairperson*  
BOARD OF DIRECTORS

fpm/pka

Attachments



Eleven full (\$2,000) **OsteoCHAMPS Scholarships** were awarded to the following students to attend the summer Precollege Enrichment Program at MSU:

*Second Year*

**David L. Hendrixon**, Montague HS  
**Laurin A. Kohler**, Mona Shores HS  
**Brittani L. McKenzie**, Mona Shores HS  
**Norma L. Martinez**, Montague HS  
**Kendra J. Pryczynski**, Montague HS

*First Year*

**Erran D. Briggs**, Muskegon HS  
**Chrystaline A. Decker**, Orchard View HS  
**Rebecca D. Hutchins**, Reeths-Puffer HS  
**Cierra Vines**, Muskegon Heights HS  
**Justin A. Wall**, Oakridge HS  
**Carmen M. Wheeler**, Muskegon Heights HS

In addition to providing full scholarships to attend MSU's OsteoCHAMPS Summer Precollege Enrichment Program, the Foundation also awards **College Tuition Scholarships** to graduating seniors who have fully participated in the OsteoCHAMPS program. Six \$500 College Tuition Scholarships were awarded in 2008:

**Arielle O. Cotton**, Muskegon Heights HS  
*Eastern Michigan University*

**Heather J. Meisch**, Holton HS  
*Berea College*

**Anthony J. Miller**, Spring Lake HS  
*Grand Valley State University*

**Andrew C. Raffaele**, Holton HS  
*Baker College*

**Alexandria M. Turner**, Muskegon HS  
*Wayne State University*

**Tracy L. Young**, Muskegon HS  
*Grand Valley State University*



## 2009 OsteoCHAMPS Application Information

**\* New Students \***  
(Careers in Health and Medicine Programs)

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College of Osteopathic Medicine

Summer Precollege Enrichment Program (PREP)  
July 12-24, 2009

The Michigan State University College of Osteopathic Medicine (MSUCOM) OsteoCHAMPS Precollege Enrichment Program is designed to give selected underrepresented and disadvantaged high school students an opportunity to explore prerequisites for advanced training with particular emphasis on Osteopathic Medicine. This program uses the modalities of instruction, hands-on practical sessions, site visits, socialization, guidance, and mentorship to accomplish this aim. The ultimate goal of this program is to develop and maintain a viable application pool for MSUCOM, other colleges of Osteopathic Medicine, and other health career training institutions from the OsteoCHAMPS PREP participants.

### DEADLINE TO SUBMIT APPLICATION

April 16, 2009

Submit Application To →



Osteopathic Foundation of West Michigan  
1700 Clinton St.  
Muskegon, MI 49442



## OsteoCHAMPS Program Eligibility

- 1) Be entering the 11<sup>th</sup> or 12<sup>th</sup> grade in the fall of 2009 at a West Michigan area school (within the counties of Muskegon, Ottawa, or Oceana).
- 2) Pledge to abide by all rules and regulations of Michigan State University, The Housing Facility, and the OsteoCHAMPS Program.
- 3) Meet the federal guidelines for *Educationally Disadvantaged* and/or *Economically Disadvantaged* in order to be considered for financial sponsorship.
- 4) Submit application and all documents to the Osteopathic Foundation of West Michigan on or before the application deadline.
- 5) Be approved by the Osteopathic Foundation of West Michigan for sponsorship.

### Federal Guidelines – Definitions

#### *Educationally Disadvantaged*

An individual who comes from an environment that has inhibited the individual from obtaining the knowledge, skills, and abilities required to enroll in and graduate from a health profession school or allied health program.

#### *Economically Disadvantaged*

An individual who comes from a family with an annual income at or below low-income thresholds according to family size, published by the U.S. Bureau of the Census, adjusted annually for changes in the Consumer Price Index, and adjusted by the Secretary for use in all health and allied health profession programs.

Federal Guidelines  
Family Low-Income Levels for 2008/2009

Number in Household = Family Size	Income Level
1	\$ 20,800
2	\$ 28,000
3	\$ 35,200
4	\$ 42,400
5	\$ 49,600
6	\$ 56,800
7	\$ 64,000
8	\$ 71,200

### Eligibility Exception

OsteoCHAMPS under the auspices of MSUCOM, may open a few positions to students who do not meet the Educationally and/or Economically Disadvantaged qualifications and who are willing to pay their own tuition of \$2,000. Potential participants must be entering the 11<sup>th</sup> or 12<sup>th</sup> grade in the fall of 2009. If you are interested in being a tuition-paying student, please contact the Foundation for more details.

## OsteoCHAMPS Program Objectives

- Enhance the interest of selected high school participants from economically disadvantaged, minority, and medically underserved communities in Michigan in the health professions with emphasis on Osteopathic Medicine.
- Provide participants with innovative, challenging, longitudinal, and supportive academic and non-academic enrichment activities.
- Create a network of partnerships between communities, schools/school districts, philanthropic organizations, and higher institutions of learning, health professions, and the MSU College of Osteopathic Medicine to benefit OsteoCHAMPS.
- Collaborate with MSU 4-H Extension Services to achieve OsteoCHAMPS goals.



Courtney Moore (left) and Monica Bester (lying down) are learning hands-on techniques from Margaret Aguwa, DO, MPH, Program Director



A.322 East Fee Hall  
East Lansing, MI 48824-1316

## CREATING OPPORTUNITY IN THE FIELD OF OSTEOPATHIC MEDICINE AND OTHER HEALTH PROFESSIONS



### Osteopathic Careers in Health And Medicine Program Services

*Margaret I. Aguwa, DO, MPH, FACOFP  
Associate Dean, Community Outreach and  
Clinical Research  
Director, OsteoCHAMPS*

*Kay Wood  
Program Coordinator, OsteoCHAMPS*

*OsteoCHAMPS  
Michigan State University  
A322 East Fee Hall  
East Lansing, MI 48824-1316  
Phone: 517-353-6653*

## **OsteoCHAMPS Goal**

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To increase the number of disadvantaged high school students in Michigan who select Osteopathic Medicine as their profession of choice and assist in the pre-professional preparation of those interested in the health sciences.



2004 OsteoCHAMP Participants with Tutor/Counselors walking to Snyder Hall.

## **History of the OsteoCHAMPS Program**

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The OsteoCHAMPS program was established in 2000 with the Ethylene Crockett Vocational/Technical High School in Detroit to encourage, prepare and foster the health career interests of disadvantaged high school students across the state of Michigan. The program now partners with several schools and foundations in various communities of Michigan as well as private and public agencies towards fulfilling its objectives. Program activities and services continue to expand annually.

## **Components of the OsteoCHAMPS program**

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- ▶ Summer PREcollege Enrichment Program (PREP)
- ▶ Outreach program activities

- ▶ Professional mentoring
- ▶ Undergraduate admissions seminars

## **OsteoCHAMPS summer PREcollege Enrichment Program (PREP)**

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The PREP program is a two-week intensive residential program at the MSU campus for selected 11<sup>th</sup> and 12<sup>th</sup> grade students.

The program includes an intensive instruction in pre-college science curriculum, as well as non-academic enrichment services and activities, including:

- ▶ Anatomy, Physiology and Chemistry
- ▶ Mathematics and Writing
- ▶ Learning and Test-Taking Skills
- ▶ Computer Science and Research
- ▶ History of Osteopathic Medicine
- ▶ Structural Examination Demonstration
- ▶ Physical Examination Skills
- ▶ Osteopathic Manipulative Medicine
- ▶ Social activities focused on providing interaction with health professionals, MSUCOM students (Big Sibs), MSU 4-H community services and participants from other communities.



Beverly Robertson and Krystal McNaughton practice hands-on physical exams.

## **Who is eligible to apply for OsteoCHAMPS?**

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To be considered for acceptance, an applicant must:

- ▶ Be entering 10<sup>th</sup> or 11<sup>th</sup> grade in the fall of 2009.
- ▶ Be a student in a high school in a partner community with a financial sponsor, or,
- ▶ Be a tuition-paying student at a cost of \$2,000 for the session (limited number available).
- ▶ Complete an application form, sign a contract agreeing to actively participate in all projects, and abide by the rules of conduct.

For more information about eligibility or the application process, please contact Kay Wood, Program Coordinator, at:

***OsteoCHAMPS***  
***Michigan State University***  
***A322 East Fee Hall***  
***East Lansing, MI 48824-1316***  
***Phone: 517-353-6653***  
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